

## News Release

### FOR IMMEDIATE RELEASE

January 11, 2023

### MEDIA CONTACT

Jennifer Mackethan

[Jennifer.Mackethan@TrilliumNC.org](mailto:Jennifer.Mackethan@TrilliumNC.org)

1.866.998.2597

### **Oxford House opening in Rocky Mount**

House will be one of 25 in the Trillium Health Resources region

**ROCKY MOUNT, N.C.** – Oxford House and Trillium have opened a new residence in Rocky Mount to serve eight men. Oxford Houses are a clean and sober housing option for individuals in recovery. With an average of eight beds per house, there are more than 2,000 Oxford House beds in North Carolina. Individuals typically enter an Oxford House after completing a drug and alcohol treatment program and must remain sober in order to remain as residents.

Following an application and approval process, individuals living in a house are expected to participate in a recovery program in the community during their residence. Residents must also follow basic house rules including contributions to household expenses and electing officers.

Oxford House's initiative and contract with Trillium, 2020 Vision for Recovery, opened more than 20 new sites with approximately 100 beds to the Trillium 28-county coverage area over five years ending in June 2020. The contract included resource development to support residents of the Oxford Houses. This was accomplished through relationships and memorandums of agreement with community partners such as community colleges, vocational rehabilitation, court systems, and the NC Division of Employment Security. In July 2020, a new contract was signed to develop four new sites and 32 beds per year throughout Trillium's catchment area.

-MORE-

## **ABOUT TRILLIUM HEALTH RESOURCES**

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness and intellectual/developmental disabilities in 28 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org).

###