

To: All Providers

From: Khristine Brewington, MS, LCMHCS, LCAS, CCS, CCJP
VP of Network Management

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Subject: Behavioral Health Fee Schedule Release Communication effective Jan. 1, 2024

BEHAVIORAL HEALTH FEE SCHEDULE RELEASE COMMUNICATION

The North Carolina General Assembly appropriated \$220 million in recurring funds in the Current Operations Appropriations Act of 2023 (SL 2023-134) to increase Medicaid reimbursement rates for providers of mental health, substance use disorder (SUD) and intellectual/developmental disability (I/DD)-related services. The Divisions of Health Benefits (DHB) and Mental Health, Developmental Disabilities and Substance Use Services (DMH/DD/SUS) analyzed which services were priorities for the increases and what forms the increases might take and calculated them at the service level to fully allocate the available funds. The rate increases will be effective Jan. 1, 2024.

Trillium assessed the following services for potential rate impacts based on the guidance provided:

- 🌱 Inpatient behavioral health services
- 🌱 Behavioral health residential (levels I-IV)
- 🌱 Outpatient behavioral health, including psychotherapy, crisis psychotherapy, family/group therapy, diagnostic evaluations, developmental/psychological testing, and various evaluation and management E&M office visits/consultations performed by psychiatrist or psychiatric nurse practitioner
- 🌱 Diagnostic assessment
- 🌱 Research Based Intensive Behavioral Health Treatment (RBI-BHT)
- 🌱 Crisis Services, including Mobile Crisis Management and Facility-Based Crisis

- 🌱 Community Support Team (CST)
- 🌱 Assertive Community Treatment (ACT)
- 🌱 Multi-Systemic Therapy (MST)
- 🌱 Intensive In-Home Services (IIHS)
- 🌱 Partial hospitalization
- 🌱 Child and adolescent day treatment
- 🌱 Psychosocial Rehabilitation (Psych Rehab)
- 🌱 Peer Support
- 🌱 1915(b)(3) and 1915(i) services
- 🌱 TBI 1915(c) waiver services
- 🌱 In lieu of services (ILOSs)

An [updated fee schedule](#) containing rate updates for applicable services has been released. Please note that member and provider-specific rates that are above the new rates will retain the higher rate and no action is required by the provider. Additional details regarding the services impacted and the base rate assumptions can be found here: [NC Medicaid Behavioral Health Services Rate Increases](#)

If you have questions regarding these rate changes, please contact the Rates team at RatesFinance@TrilliumNC.org.

NEED TO REPORT FRAUD, WASTE AND ABUSE?

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Any questions about this Communication Bulletin *that does not already have an email listed for questions from that specific section*, may be sent to the following email: NetworkManagement@TrilliumNC.org. These questions will be answered in a Q&A format and published on Trillium's website.