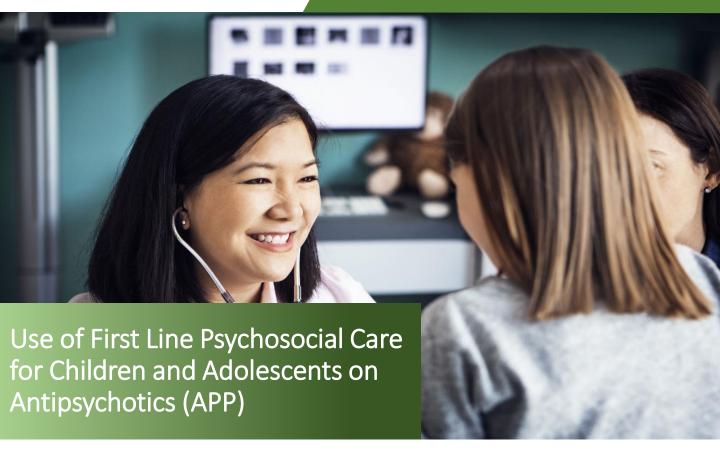


HEDIS Provider Tip Sheet



APP Measure Description¹

Assesses the percentage of children and adolescents newly started on antipsychotic medications without a clinical indication who had documentation of psychosocial care as first-line treatment.

Why is APP Important?1

Although antipsychotic medications may serve as effective treatment for a narrowly defined set of psychiatric disorders in children and adolescents, they are often prescribed for nonpsychotic conditions for which psychosocial interventions are considered first-line treatment.

Safer, first-line psychosocial interventions may be underutilized, and children and adolescents may unnecessarily incur the risks associated with antipsychotic medications.

Best Practices

- ✓ When prescribed, antipsychotic medications should be part of a comprehensive, multi-modal plan for coordinated treatment that includes psychosocial care.
- ✓ Psychosocial care, which includes behavioral interventions, psychological therapies and skills training, among others, is the recommended first-line treatment option for children and adolescents diagnosed with nonpsychotic conditions such as attention-deficit disorder and disruptive behaviors.
- ✓ Periodically review the ongoing need for continued therapy with antipsychotic medications.
- ✓ Assess the need for Case Management and refer if necessary.
- ✓ Ensure progress notes are completed and accurate.

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¹ Source: ncqa.org/hedis/measures

² Source: HEDIS MY 2024 Tech Specs Manual Vol. 2



HEDIS Provider Tip Sheet

Numerator Compliance²

Psychosocial care (Psychosocial Care Value Set) or residential behavioral health treatment (Residential Behavioral Health Treatment Value Set) in the 121-day period from 90 days prior to the IPSD through 30 days after the IPSD.

Index prescription start date (IPSD): The earliest prescription dispensing date for an antipsychotic medication where the date is in the intake period and there is a negative medication history.

Numerator Codes²

Refer to HEDIS Numerator Codes Dashboard on the Trillium HEDIS Resources website.

Data Collection Method²

Administrative (Claims)



Trillium Percentages/NCQA National Averages¹

| АРР | Calendar Year | Trillium | NCQA National Average |
|--|---------------|----------|--------------------------|
| Use of First-line Psychosocial Care for Children and | 2022 | 54.3 | 57.3 |
| Adolescents in Antipsychotics | 2021 | 48.8 | 58.6 |

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