

## GROUP LIVING

Group Living are group homes with four or less people with overnight staffing or virtual monitoring. It may be provided in an alternative family home, but provides support in a home environment to enable participation in community activities. Group Living helps create social interactions, and assists with education regarding basic living and socialization skills.

## DEVELOPMENTAL DAY

Available for children ages three to 12, Developmental Day includes up to 10 hours/day. It is provided in an inclusive setting and promotes self-help and fine/gross motor skills (such as tying shoes or throwing a ball).

## ONE-TIME TRANSITIONAL COSTS

A B3 Service that provides up to \$5,000 (lifetime) to cover costs during transition such as security deposits, moving fees, or purchasing furniture.

## ICF-IID

An Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) is a group home or facility that offers residential care with a skilled nursing component and oversight by a doctor. Physical Therapy and Occupational Therapy are also available. An ICF-IID serves individuals who need more complex care than can be obtained in a group home. A doctor's order is required for admission into an ICF-IID.

## ADDITIONAL SERVICES

Other services such as mobile crisis, physician consultation, and outpatient are available to those who have diagnoses other than just I/DD. Please visit our website to view the full benefit plan.

## CHOOSE INDEPENDENCE

### Assistive Technology Grants for Independence

Choose Independence Grants for Independence is a Trillium initiative that helps individuals access assistive technology. Anyone who has Medicaid or uses state-funded services, and lives in a county served by Trillium, can apply to use this program.



## REGIONAL OFFICES

### Northern Regional Office

144 Community College Rd.  
Ahoskie, NC 27910-8047

### Central Regional Office

201 West First Street  
Greenville, NC 27858-1132

### Southern Regional Office

3809 Shipyard Blvd.  
Wilmington, NC 28403-6150

### Behavioral Health Crisis Line

1-888-302-0738

[www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org)

**Trillium Health Resources is a Local Management Entity/Managed Care Organization (LME/MCO).**

**We are designated by the NC Department of Health & Human Services to oversee state and federally funded services for 28 counties in eastern North Carolina.**

Trillium is responsible for providing access to and oversight of services for individuals who receive Medicaid or state funding for their care. Trillium complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

Trillium requires priority admission to all women who are pregnant and injecting drugs, pregnant and using substances, and other individuals who are injecting drugs. Trillium does not publish materials or share information that is intimidating, misleading, or inaccurate.

Revised: April 2023



Services and supports to strengthen independence & enrichment.

INTELLECTUAL & DEVELOPMENTAL DISABILITY

SERVICE ARRAY





Trillium offers the following services to eligible individuals diagnosed with an intellectual or developmental disability living in our area. Services are limited to those enrolled in Medicaid unless otherwise noted.

### RESPITE SERVICES

Respite Services are available to parents and caregivers to provide a temporary timeout from the stress of caring for an individual with a disability. This service can be provided in your home, in the community, or even in the home of the respite provider. There are several kinds of respite services:

- **Traditional Hourly Respite** is available for both children and adults whether or not they have insurance.

Authorization limits varies based on funding source:

- **State-funded Respite** 40 hours per month equaling up to 30 days per year if used 16 hours/day
- **B3 Medicaid Respite** 16 hours per day up to 24 days per year
- **Overnight Respite** is available for children or adults whether or not they have insurance. The maximum number of days that can be used consecutively is 10.
- **NC Start Facility Respite** provides over night respite on a planned or crisis basis to adults with an intellectual or developmental disability. (Offered exclusively by RHA Services).

### COMMUNITY LIVING AND SUPPORTS

This service assists individuals ages 16 and older for up to 28 hours a week to live successfully in their own home or the home of their family, along with natural supports and being an active member of the community. If the member is eligible for Medicaid, they may not be eligible for this service.

### COMMUNITY GUIDE

This service provides direct assistance in identifying and linking individuals and families to services and supports—paid and community-based. It is available to both children and adults who receive Medicaid. It is a short-term service and will end when the person has developed some of the supports needed.

### DEVELOPMENTAL THERAPY

This service is for children ages 3 to 15 and is available whether or not they have insurance. There may be certain evaluations needed prior to service. This service is designed to support the child to learn skills that will strengthen self-help, language and cognitive development, and social abilities.



### DAY SUPPORTS

This service provides support for members age 16 years or older in an individual or group setting. Day Supports focuses on enabling the individual to attain or maintain their maximum functional level to increase self-determination and enhance their opportunity to have a meaningful day.

This service may also reinforce skills or lessons taught in school, therapy, or other settings. Services should normally be provided four or more hours per day on a regularly scheduled basis, for one or more days per week, unless provided as a supplement to other day activities included in an individual's plan of care.

### SUPERVISED LIVING

This service offers assistance and supports for people who live on their own. To help reinforce independence, a staff member might assist with money management, communication skills, household care, or accessing community services.

### FAMILY LIVING

This service is sometimes called Alternative to Family Living or AFL. Individuals, couples or a family may live in a home environment with people trained to support individuals with I/DD. This service is funded with an individual's SSI check, County Special Assistance funds, or with additional services such as the Individual Supports mentioned above.



### SUPPORTED EMPLOYMENT

- Supported Employment is available for persons ages 16 or older with a developmental disability, and is offered in a group setting. An individual can also receive a similar service through Vocational Rehabilitation.
- Long Term Supported Employment Follow-Up helps employed individuals maintain the job skills needed to keep their job. This might include visits to the job site, help with scheduling, etc.

### MORE INFORMATION

Call our **Member and Recipient Service Line** at **1-877-685-2415** to learn how you may receive these services and supports.

To view our [full list of services and benefit plans](#), please visit our website.

