

## CHOOSE INDEPENDENCE

Trillium's Choose Independence initiative offers funds to assist with purchases that improve health, safety, and well-being. Choose Independence can provide supplies and equipment essential for increasing the ability for individuals to live in their own communities successfully. These funds make it possible to obtain supplies or equipment that would otherwise be unavailable due to benefit funding limitations, such as third party insurance, Medicaid, or state dollars.

### CATEGORIES

- Smart Home Technology applications, including health, safety, and set up
- Durable medical equipment and supplies (all types) not otherwise covered by Medicaid or Insurances
- Assistive technology devices and services
- Fences\*
- Ramps\*
- Medication administration devices
- Tablets and appropriate apps when used as communication device\*\*
- Diapers, pull-ups and/or incontinence supplies for people age 3 and older
- Nutritional supplements
- Equipment that improves daily activities, assists with medical conditions, or addresses overall health and safety concerns

\*For ramps and fences, the home must be owned by the individual or family for permanent modifications. If property is rented or leased, only portable modifications are allowed.

\*\*Applications will be preloaded on tablets prior to delivery to individual/family; if the family already has a tablet and is in need of apps, the tablet will have to be dropped off and the apps loaded by Trillium staff.

## FOR MORE INFORMATION

[ChooseIndependence@TrilliumNC.org](mailto:ChooseIndependence@TrilliumNC.org)

## HOW TO APPLY

- Complete application found online at [TrilliumHealthResources.org](http://TrilliumHealthResources.org) and enter "Choose Independence" in the search box.
- Include a prescription or letter of medical necessity for incontinence supplies, medical supplies, and/or nutritional supplements. A letter of medical necessity and/or professional evaluation is needed for any other items requested.
- Include a written quote that details product information such as size/flavor/color, as well as vendor/store/website information.
- Applications are reviewed monthly.
- Application must be signed by individual, family, guardian, or Trillium staff member.

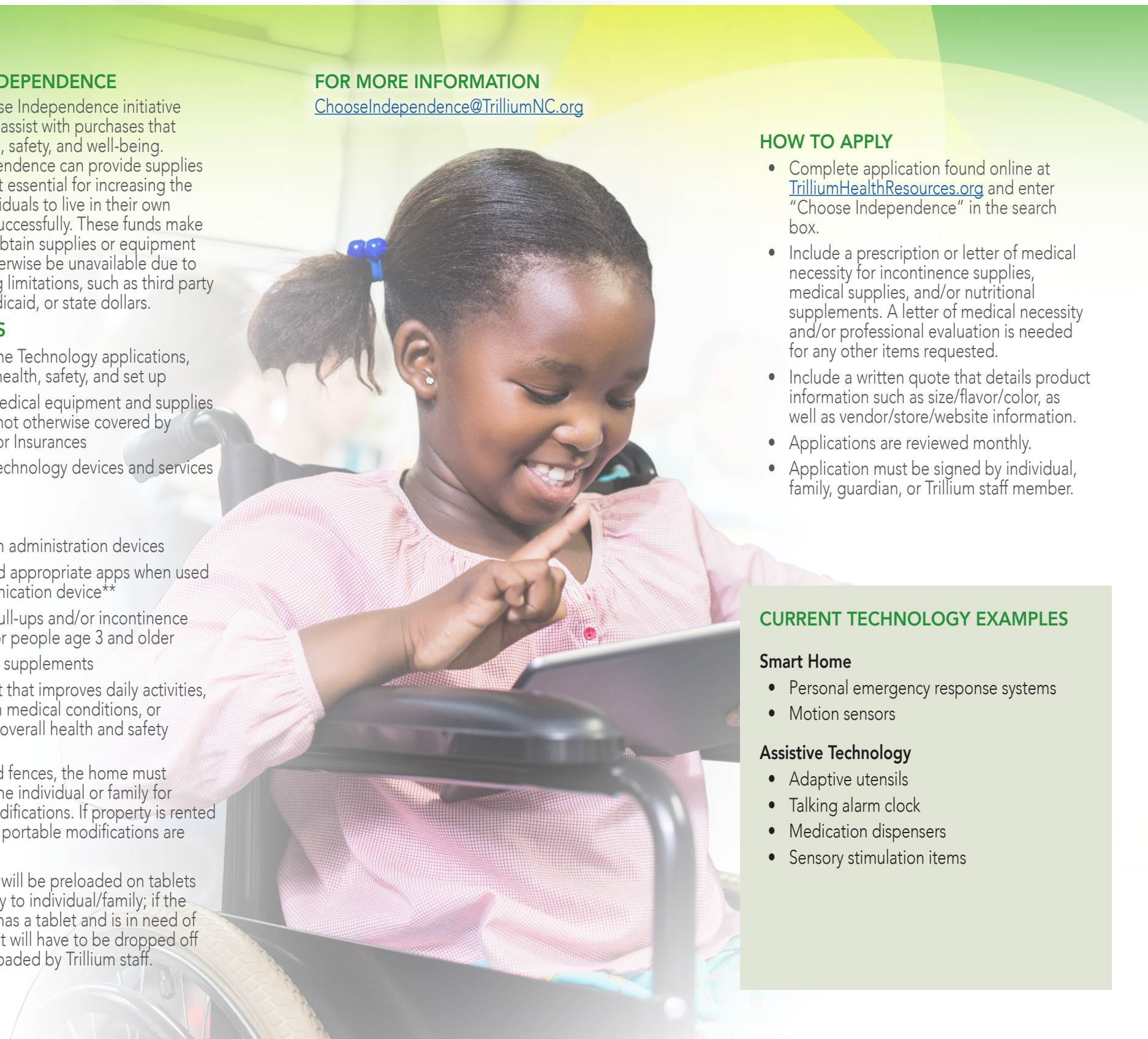
## CURRENT TECHNOLOGY EXAMPLES

### Smart Home

- Personal emergency response systems
- Motion sensors

### Assistive Technology

- Adaptive utensils
- Talking alarm clock
- Medication dispensers
- Sensory stimulation items





**CALL OUR MEMBER AND RECIPIENT SERVICE LINE AT 1-877-685-2415 FOR ACCESS TO CARE OR TO ASK QUESTIONS.**



### SERVICES FOR:

- Intellectual/Developmental Disabilities
- Serious Mental Health and/or Substance Use
- Traumatic Brain Injury (TBI)

### EMERGENCY AND CRISIS SITUATIONS

Within **2 hours** of calling **1-877-685-2415** with an emergency situation, we will dispatch a trained emergency responder to your location. If you are experiencing a true medical emergency, call 9-1-1.

### URGENT SITUATIONS

Within **48 hours** of calling **1-877-685-2415** with a non-life-threatening situation that could potentially become serious if left untreated, we will schedule a face-to-face appointment for you with a clinician. It is your right to choose which provider in our network you want to deliver this care.

### ROUTINE SITUATIONS

Within **10 days** of calling **1-877-685-2415** with symptoms that prevent you from completing daily activities, you will be given an appointment with a provider in our network. It is your right to choose which provider in our network you want to deliver your care.

### PHYSICAL HEALTH CARE (MEDICAID ONLY)

Adult Preventative Care: **30 days**

Pediatric (Child) Preventative Care: **14 days** (under six months) or **30 days** (six months and older)

Pregnant Women: **14 days** (first or second trimester)

or **five days** (third trimester or high risk)

### REGIONAL OFFICES

#### Northern Regional Office

144 Community College Rd.  
Ahoskie, NC 27910-8047

#### Central Regional Office

201 West First Street  
Greenville, NC 27858-1132

#### Southern Regional Office

3809 Shipyard Blvd.  
Wilmington, NC 28403-6150

#### Behavioral Health Crisis Line

1-888-302-0738

[www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org)

**Trillium Health Resources is a Local Management Entity/Managed Care Organization (LME/MCO).**

**We are designated by the NC Department of Health & Human Services to oversee state and federally funded services for 28 counties in eastern North Carolina.**

Trillium is responsible for providing access to and oversight of services for individuals who receive Medicaid or state funding for their care. Trillium complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

Trillium requires priority admission to all women who are pregnant and injecting drugs, pregnant and using substances, and other individuals who are injecting drugs. Trillium does not publish materials or share information that is intimidating, misleading, or inaccurate.

Revised: April 2023



Technology and enhancements for increased quality of life.

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